

# Packing Information & List

- \_\_\_\_\_ Rainsuit/ poncho
- \_\_\_\_\_ Sleeping bag
- \_\_\_\_\_ Bedding; twin sheets and pillow
- \_\_\_\_\_ Walking or hiking “dry” shoes
- \_\_\_\_\_ Closed-toed “wet” shoes
- \_\_\_\_\_ One pair sandals or slippers
- \_\_\_\_\_ Windbreaker jacket
- \_\_\_\_\_ Sweater or sweatshirt
- \_\_\_\_\_ Warm hat
- \_\_\_\_\_ 3-4 pairs long pants
- \_\_\_\_\_ 4-5 T-shirts (mix long and short sleeve)
- \_\_\_\_\_ 2-3 pair shorts
- \_\_\_\_\_ Swimsuit, beach towel
- \_\_\_\_\_ 7-8 changes of underclothing
- \_\_\_\_\_ 7-8 pairs of socks
- \_\_\_\_\_ Pajamas
- \_\_\_\_\_ Towel
- \_\_\_\_\_ Laundry bag
- \_\_\_\_\_ Toothbrush, toothpaste

- \_\_\_\_\_ Shampoo, soap
- \_\_\_\_\_ Medications with instructions  
(pack separately for access at check-in)
- \_\_\_\_\_ Small backpack or fanny pack
- \_\_\_\_\_ Water bottle
- \_\_\_\_\_ Sun screen, sun hat

## Optional Items

- \_\_\_\_\_ Non-aerosol insect repellent
- \_\_\_\_\_ Flashlight
- \_\_\_\_\_ Extra batteries
- \_\_\_\_\_ Liquid laundry detergent
- \_\_\_\_\_ Camera and extra film
- \_\_\_\_\_ Money for Wolf Ridge Store
- \_\_\_\_\_ Sunglasses
- \_\_\_\_\_ Books, cards, and board games
- \_\_\_\_\_ Paper, postcards, envelopes and stamps for writing  
home
- \_\_\_\_\_ Fishing Pole

## General

While at Wolf Ridge, your child will be spending much of their time outside. Though we encourage kids to avoid getting completely dirty, learning outside can be a messy business. With this in mind, please do not bring new clothing and expect that it will still look new at the end of the session. In addition, our proximity to Lake Superior makes for a wide range of weather possibilities. Temperatures can range from daytime highs in the 90's to night time lows in the 30's. Rain, fog, and sun can happen in a single day. Packing clothing layers will help campers adapt to weather changes.

## Footwear

Pack one pair of “dry” shoes and one pair of “wet” shoes. On rainy days campers can get their feet wet in their “wet” shoes, but still have something dry to wear afterward. Wolf Ridge also requires closed toed footwear for swimming and wading at sites other than our swimming beach (i.e. Keens, etc). Lightweight slippers/water shoes are good for these activities.

## Group Equipment

Wolf Ridge provides specialized equipment for activities and overnight camping trips, including backpacks, eating utensils, and sleeping pads.

## Bedding

In addition to a sleeping bag, we encourage campers to bring a set of twin sheets. Sheets add a sense of home and may be more comfortable than a sleeping bag, especially if the nights are warm. Campers can use their sleeping bag on the overnight camping trip and as a blanket for warmth on their beds during cool nights.

## Medications

Per American Camping Association standards, Wolf Ridge Camp Directors must hold and administer all medications. Exceptions to this medical policy are asthma inhalers, epi pens for severe allergies and/or diabetic medications. Medications MUST be in their original containers with the medication and dosage written on the bottle. As well, please share instructions with the Directors at camper check-in.

NOTE: Due to the nature of camp life, which includes travel, classes and activities from 7:30 am to 9:30 pm, please consult your child's physician before you adjust your child's medication schedule.

## **Snacks**

We provide a snack every evening. Snacks, including chewing gum, brought by campers create an unwanted mess in the rooms and attract wildlife into the rooms, especially ants and mice. Upon arrival, counselors collect any snacks and return them on the morning of departure.

## **Electronics**

As we prepare to welcome your children to Wolf Ridge, we want to provide some guidance regarding our policy on electronics at camp. We recommend that your child powers down and takes a break from the world of electronics. We recommend that campers leave all electronics at home (except cameras). These devices have a way of getting lost or broken at camp. Wolf Ridge cannot take responsibility for their loss or damage.

### **Cell Phones**

We believe that being at camp is an opportunity for your child to experience a world beyond home, and a chance for you and your child to practice “letting go.” “Letting go” allows children to develop autonomy, independence and a stronger sense of self. It allows them to make new friends, take responsibility for themselves and their bunkmates, problem solve and mature a bit. These things cannot be achieved when parents are only a phone call away. Although cell phones have been strictly prohibited at camp for many years, some families choose to ignore this policy. Invariably, this leads to conflicts within the group and allows campers to focus on their friends at home rather than their friends at camp. Cell phones enable campers to call or text parents for advice instead of turning to their peers or counselors, and they prevent campers from problem solving. In short, cell phone use at camp is counter to the values we teach and uphold at Wolf Ridge and interferes with an important peer aspect of the overnight camp experience.

When parents allow their child to break the rules and take a cell phone to camp, they are teaching their child that the rules apply to every other family, but not theirs. Please respect our policy and take the time to discuss it with your camper. In the past, campers have hidden their cell phones in their bags without their parents’ knowledge. Please make sure you put away your child’s cell phone before he or she leaves for camp. All cell phones will be collected at check in and returned to campers on closing day.

### **Digital Cameras**

If your child has an inexpensive digital camera, he or she may bring it to camp. (Make sure you pack enough memory cards and batteries.) Please discuss proper handling of the camera to ensure it isn’t lost or broken.

These policies are designed to create a welcoming and inclusive community at Wolf Ridge. Thank you for your understanding and your cooperation.

## **Alcohol, tobacco, illegal drugs, and firearms**

All of these items are strictly prohibited. Campers found with these items will be sent home immediately.

**Please also read the packing list for wilderness camping if you are signed up for a wilderness trip or Adventurers 2-wk or Jr. Naturalists 2-wk**