

**Welcome to Wolf Ridge. We are a community of teachers, students, chaperones and parents. All are equally important and we couldn't do it without you. Thank you for volunteering as a chaperone.**

SAMPLE DAILY SCHEDULE

7:00-8:15 am	Breakfast KP
7:20-7:40 am	Breakfast served
8:30-11:30 am	Morning Class
11:45-1:15 pm	Lunch KP
12:00	Lunch served
1:30-4:30 pm	Afternoon Class
4:45-6:15 pm	Dinner KP
5:00	Dinner served
6:30-7:15 pm	Evening Program
7:30-9:00 pm	Evening Activities
9:00-9:30 pm	Campfires, Astronomy, Journal time
9:30pm-6:30am	Quiet time in dorm

## What You Can Expect

### Lodging

Our Mac Lodge features a view of Sawmill Creek Valley and a large stone fireplace. The Mac Lodge is divided into four sections with 5 common areas. Sleeping rooms sleep 4-8 and have a private bathroom. Our Mac Lodge is Living Building Certified (LBC).

Our Summit Lodge offers two large dayrooms for group meetings and is divided into four sections, each section with 6 rooms. Each room sleeps 6-8 people and includes a private bathroom.

- Both dorms contain coin-operated laundry facilities, a courtesy phone for outgoing calls, a space for adults and a health room/health cart.
- All dorm supervision is the responsibility of the group's chaperones. Students are not allowed in the dorm without adult supervision.
- In case of a fire alarm, chaperones should coordinate the removal of all students from the dorm.
- Groups are asked to move out of your dorm space before morning class on your departure day. A space for luggage will be provided.

### Cell phone coverage & wireless

- Due to our remote location, limited wireless service is available on campus.
- AT&T cell coverage works best, Verizon is spotty.
- Most often, your students will not have their devices with them during their Wolf Ridge stay. Our preference is that you do not use your cell phone during a class or presentation. If absolutely necessary, please be thoughtful about how and when.



## Alcohol & Smoking

- Alcohol is not allowed on the Wolf Ridge campus.
- Smoking is not allowed in or near any Wolf Ridge building. Smoking is allowed in the lower parking lot, below the main office. Please dispose of cigarette butts appropriately.



## Dining

- Breakfast is served cafeteria style from 7:20-7:40. Groups travel through a serving line. Lunch and dinner are served Family Style. Adults are asked to help sit at the tables to help facilitate flow of the food and travel to the salad bar. Tables are labeled with the schools name.
- From scratch vegan, vegetarian and meat dishes are available at meals. There is no need to inform us if your special dietary need is the following: vegan, vegetarian, dairy allergy, gluten free and nut allergy.
- Please contact us at [FoodService@wolf-ridge.org](mailto:FoodService@wolf-ridge.org) if your special dietary need is medically subscribed (such as celiac or diabetes).
- Coffee is available in the Lake Superior dining hall from 6am until 6 pm. Limited cups are available. We suggest you bring your own re-usable cup.
- Students participate in Kitchen Patrol during their visit. KP arrives early for the meal and sets the tables. After eating with the group, KP will assist with cleanup. As a chaperone you may be scheduled by your group to attend KP with the students.
- Wolf Ridge participates in the USDA and MN Dept. of ED School Nutrition program. A requirement of this program is that we monitor food taken at each breakfast and lunch. As a chaperone, you may be asked to complete this meal tally at a meal.
- Students will expend much energy while at Wolf Ridge. Please check in with them to make sure they are eating enough food and drinking enough water. If a child is not getting enough food, please talk with our kitchen staff, who can provide an alternative option.



# Chaperone Roles and Responsibilities

## Preparing for classes

- Wolf Ridge's climate typically is four weeks different than the Metro. Fall comes earlier and Spring comes later. With the exception of Indoor Rock Climbing and a few evening activities, all Wolf Ridge classes spend time outside.
- Please see our packing list for suggested outdoor gear. Dressing for success in the northwoods means staying dry and comfortable.
- It is your responsibility to see that the students are wearing appropriate clothing before they leave the dorm.



## A Wolf Ridge chaperone is a role model...

- As a chaperone, your group's leader will assign you to attend classes. Please be prepared to be present and involved in classes. We hope you will enjoy actively learning along with the students.
- Participants at Wolf Ridge are expected to show respect for the environment, the instructors and fellow students. Please model this respect throughout your stay, including listening quietly during presentations, picking up any trash found along the trail, and following our recycling procedures.
- Your enthusiasm and interest in the Wolf Ridge classes will spread to the students. Your participation is the best management technique.

## A Wolf Ridge chaperone assists with behavior guidelines...

- Your Wolf Ridge naturalist will lay out their specific expectations at the start of each class. Expectations may include: one voice speaking at a time, raising hand to answer questions, and gathering when asked. You may be asked to remove a student from class if their behavior is not meeting the instructor's expectations.
- Your liaison will introduce Wolf Ridge guidelines at your large group orientation. Expectations include: children not allowed in the dorm without an adult and following quiet time hours in the dormitory, as well as others.
- Your school may have their own behavior guidelines.
- It is your responsibility to help enforce these expectations and guidelines.



## A Wolf Ridge chaperone is a teacher...

- You may be asked by your group's leader to teach an evening activity such as Dream Catchers, Owl Pellets, Block Printing, Paper Making or Night Hike.
- Lesson plans are on our web site. Classes last 1.5 hours. You can find how to videos on our You Tube channel.
- Your Wolf Ridge liaison is available to answer questions about the activity and will set the class up for you. You are responsible for teaching and taking down.



## A Wolf Ridge chaperone is a supervisor...

- Adventure Ropes and Rock Climbing Supervisor  
You may be scheduled by your group's leader as an adult supervisor on our Outdoor Adventure Ropes Course or Indoor Climbing wall. Three adult supervisors (not including the Wolf Ridge teacher) are required for supervision of any scheduled Adventure Ropes. Two of these adults **MUST** be prepared to go up in the towers. Three adult supervisor are required for the supervision of the belayers in Indoor Rock Climbing.
- Kitchen (KP) and Recycling Patrol (RP) Supervisor  
While at Wolf Ridge, groups participate in Kitchen Patrol and Recycling Patrol. KP arrives early for the meal and sets the tables. KP will assist with serving, washing dishes and cleanup after the meal. During RP, we ask that a recycling team sort and deposit the recyclables at the outdoor recycling platform located by each dormitory. Typically RP is scheduled for every other day and departure day. Your groups' liaison will have instructions to share with you. As a chaperone, you may assigned these responsibilities.
- Store Supervisor  
Our Science Center Store may be open during your stay. Scheduled store time is short and may be shared with another school. Only 20 students at a time are allowed in the store and an assigned adult must be present.



**Thank you for volunteering as a chaperone.**