



WOLF RIDGESM
ENVIRONMENTAL LEARNING CENTER

MENU

MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Cereal Bar, Eggs Blueberry Coffee Cake Juice Manoomin Porridge	Waffles Juice Chicken Sausage	Bacon, Eggs, Veggies & Cheese Bisquit Juice	Pancakes Juice Bacon & Sausage
Lunch	Lunch	Lunch	Lunch	Lunch
Beef Burger & Bun Waffle Fries Salad & Fruit Bar Veggie: Quinoa & Wild Rice Burger	Mandarin Chicken Fried Rice Sesame Lime Coleslaw Salad & Fruit Bar Vegetarian Chow Mein	Chicken or Beef Fajita Beans & Tortilla Salsa, Sour Cream Salad & Fruit Bar Vegan Enchiladas	Hot dogs and bun Tator Tots Salad & Fruit Bar Veggie: Ridge Tofu Burger	Mac & Trees Salad Bar Vegan Mac & Trees
Dinner	Dinner	Dinner	Dinner	Dinner
Pasta Night Garlic Toast Just Greens Bar Lemon Bars Vegetarian Pasta Night	Chicken Teriyaki Lomein Fortune Cookie Just Greens Bar Veggie: Tofu Stir Fry	MN Beef Pot Roast Mashed Potatoes & Gravy Fresh Vegetable Just Greens Bar Fudge Brownies Veggie: Vegan Pot Roast	Pulled Pork Sandwich Ridge Baked Beans Fresh Vegetable Just Greens Bar Chocolate Cake Veggie: BBQ Lentil	